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SET A



**INDIAN SCHOOL MUSCAT
SECOND PRE - BOARD EXAMINATION
HOME SCIENCE (064)**

CLASS: X

TERM 2

Time Allotted: 2 hours

06.03.2022

Max. Marks: 35

GENERAL INSTRUCTIONS

1. All questions are compulsory.
2. There are total 13 questions.
3. Question paper is divided into three sections-A, B and C.
4. Section A has question nos. 1 to 7 of 2 marks each.
5. Section B has question nos. 8 to 10 of 3 marks each.
6. Section C has question nos. 11 to 13 of 4 marks each.
7. There are internal choices in some questions.

Q. No	SECTION - A	Marks
1.	What do you mean by meal planning?	2
2.	a) Mention two food items that can be adulterated with Metanil yellow. Also write two ill effects of consuming these adulterated food.	2
OR		
	b) List any four functions of FSSAI.	
3.	a) Write two differences between soap and detergent.	2
OR		
	b) When Rakesh took out his woolen sweater, he found black stain on it. Mention four tips for its proper storage.	
4.	How does the following factors affect meal planning (give two points each)	2
	i) Age	
	ii) Climate	
5.	a) What do you mean by the term 'adulterant'? Give one example for food adulterant.	2
	b) Give one difference between sub-standard and unsafe food	
6.	What four points you should keep in mind while planning a menu (meal) for a teenager?	2

7. a) Explain how Blue is applied on white fabric. 2
b) Name one suitable chemical each to remove coffee and lipstick stains.

SECTION - B

8. What are the **six** different rules for removing known stains? 3
9. a) Mention any four malpractices adopted by a vegetable vendor to deceive the consumer. 3
b) Write two steps that you would take to prevent these malpractices.

OR

- c) Gracy bought Chana dal from market whose shape is not round. Name the adulterant mixed with Chana dal.
- d) Mention any two health hazards associated with consuming such adulterant.
10. a) Define the term 'food group' 3
b) Mention any three food groups giving one example each

SECTION - C

11. Meena has a basket full of soiled clothes. These include silk blouse, rayon shirt, cotton payjama and woolen shawl. 4
a) Which of the above would you recommend to wash at home and which clothes should be sent for dry cleaning?
b) Mention two ways each for storing cotton and silk clothes.
12. If a food business operator realizes that food is not as per the rules and regulations, he shall immediately withdraw food from the market and inform the competent authorities. Milkman is a person who sells or delivers milk. A number of times, milkman carries milk and delivers it to the households. The milk is either delivered as packets or in bottles or cartons. 4
a) Mention any two food standards adopted by FSSAI
b) Name the standard marks given to ghee and biscuits

OR

- c) List any two malpractices that a milkman can adopt to deceive the consumer
d) Mention 2 of your responsibilities in this context.
13. Seasonal vegetables should be included in the meals as they have right flavour and inexpensive because of abundant supplies. Off season foods may be expensive and have off flavours. 4
a) Name the staple food available abundantly in North India and South India
b) What is the advantage of including seasonal food in our diet
c) Hema dislikes spinach. Mention a way to include the same nutrients present in spinach and serve her.

End of the Question Paper